

WOMEN'S SOCCER

IMPROVE YOUR SKILLS

Never Played - Not Played in a While
- Play Regularly
ALL SKILL LEVELS WELCOME!

15 March - June

Sundays

1000 - 1130 hrs

Location : Sub Gym

Let's have fun & develop new skills!

Program Breakdown

45 min Skill Development

45 min Games

Contact Coach MCpl Chad Sheppard :
CHAD.SHEPPARD@FORCES.GC.CA

