



4 WING

ICE HOCKEY LEAGUE

CONSTITUTION

Effective 30 Sep 16

4 WING ICE HOCKEY LEAGUE CONSTITUTION

Recommended by:

Date J Ingham, Sports Coordinator

Date J. Yearly, Fitness and Sports Director

Date 4 Wg Hockey Commissioner

Approved by:

4 WING ICE HOCKEY LEAGUE CONSTITUTION

INTRODUCTION

1. Ice hockey at 4 Wing is utilized as a means of fostering the service ideals of physical fitness, teamwork, esprit-de-corps and individual effort. The organization of the hockey leagues at 4 Wing are intended to provide personnel an equal opportunity to participate with players of similar ability in fair competition. Additionally, the leagues are designed to permit optimum utilization of the limited facilities available.

AIM

2. The aim of this Constitution is to outline the organization, responsibilities and special instructions regarding ice hockey at 4 Wing.

GENERAL

ORGANIZATION

3. Ice hockey at 4 Wing shall be directed and governed by the Hockey Commission, which is Chaired by the Commissioner on behalf of the Wing Commander and Wing Admin O. The Hockey Commission is comprised of the following personnel:

- a. Commissioner;
- b. Deputy Commissioner;
- c. A /B League President;
- d. A/B League Vice President;
- e. C League President;

- f. C League Vice President
- f. 4 Wing Packers Representative;
- g. 4 Wing Fading Fighters Representative;
- h. 4 Wing Women's Hockey Team Representative (team name varies);
- i. *Referee-in-Chief;
- j. *Fitness and Sports Director (FSD) or Sr Representative; and
- k. *Sports Coordinator (Spts Crd).

*Denote advisory capacity, non-voting member.

4. Three levels shall distinguish Ice hockey at 4 Wing. These are:

- a. Level 1: Extra-mural Representative teams. 4 Wing Cold Lake shall have three extra-mural base representative teams as follows:
 - i. 4 Wing Packers: chosen to represent 4 Wing in competitive hockey at CF Sports competitions;
 - ii. 4 Wing Fading Fighters: chosen to represent 4 Wing in competitive hockey at CF Sports competitions in the Old Timers (35 years of age and older) category; and
 - iii. 4 Wing Woman's Hockey Team: chosen to represent 4 Wing in competitive hockey at CF Sports competitions in the Women's category.
- b. Level 2: League format to be determined by the League Hockey Commission, either by a draft or inter-unit (Intersection) generated "A" and "B" Leagues. Teams may be divided into "A" and "B" Divisions at the discretion of the A/B League Executive in the Dec/Jan timeframe as determined by the overall skill levels of the teams relative to each other; and
- c. Level 3: Intersection "C" League: Draft teams or unit generated teams established to play recreational hockey, at an entry-level calibre within 4 Wing.

5. Participation on one of the Wing Representative teams will be controlled by the FSD. Participation in the Intersection Hockey Leagues will be controlled by the Hockey Commission. All serving military members (including Reserve and foreign military personnel on duty at 4 Wing) are eligible to participate in intersection hockey. Additionally, civilian members of the 4 Wing Defence Team (public and non-public employees) are eligible to participate, as are member of the local RCMP detachment. Other members of the local community (i.e. dependants of all eligible participants, and other community members), may participate under the following conditions:

- a. must be at least 18 years of age;
- b. must possess a valid community registration card;
- c. must complete the Health Appraisal Screening Questionnaire & Waiver found on the J drive under 4 Wing Hockey; and
- d. total percentage of other community member does not exceed 15% of team roster.

RESPONSIBILITIES

6. Responsibilities with respect to ice hockey at 4 Wing are as follows:

- a. Wing Adm O is responsible for the:
 - (1) appointment of a Hockey Commissioner;
 - (2) direction of the Hockey Commission; and
 - (3) final approval of the 4 Wing Hockey Constitution.
- b. Hockey Commissioner, or the Deputy Commissioner, when in an Acting Commissioner capacity is responsible to the W Adm O for the:
 - (1) supervision and regulation of all Ice Hockey at 4 Wing;
 - (2) production and maintenance of a 4 Wing Hockey Constitution;
 - (3) seeking volunteers to fill all Commission positions; and
 - (4) approval of intersection league SOPs/by-laws.
- c. Hockey Commission is responsible to the Commissioner for the:
 - (1) overall organization, administration and operations of ice hockey at 4 Wing;
 - (2) resolution of disputes; and
 - (3) rendering of decisions regarding disciplinary matters within intersection hockey.
- d. League Presidents are responsible to the Commissioner for the:
 - (1) production and maintenance of SOPs and by-laws necessary for the effective operation of their respective leagues;
 - (2) effective operation of their respective leagues; and
 - (3) attendance at Commission hearings.
- e. Fitness and Sports Director, or the Sports Coordinator, in her/his absence is responsible to the W Adm O for the administration and maintenance of facilities and equipment necessary for ice hockey at 4 Wing and to the Commissioner for the:
 - (1) guidance in regards to CF and command regulations governing sport;
 - (2) the allocation of ice time and the production and distribution of intersection hockey schedules; and
 - (3) attendance at Commission hearings.
- f. Referee-in-Chief is responsible to the Commissioner for the:
 - (1) provision of qualified officials for intersection hockey;
 - (2) provision of technical expertise to the Hockey Commission; and

- (3) attendance at Commission hearings.

SPECIAL INSTRUCTIONS - INTERSECTION HOCKEY

INTERSECTION LEAGUE COMPOSITION

7. 4 Wing Intersection hockey will be comprised of three separate leagues: A, B and C Leagues. The Hockey Commission, prior to the start of the hockey season, will determine the number of teams for each league. The 4 Wing Women's Hockey Team will play in C League. **A team should consist of a minimum of 15 players**, including goaltenders, but not including the coaches.
8. **Should a designated A/B/C team not be able to form a team prior to commencement of intersection play, then an additional team may replace that team, should one be available. If any teams forfeit their entitlement to form a team in one season, they will still be afforded the opportunity to form a team in subsequent seasons. Any team that is formed as a replacement for any existing teams will be formed on a seasonal basis and will retain no right to form a team in subsequent seasons.** The number of teams in each league may vary year to year dependant on ice time availability and costs to run the leagues.
9. An arrangement similar to paragraph 8 shall exist for the 4 Wing Women's Hockey team. The Women shall retain the right to form a C league team prior to the commencement of play each season. Should a team not be formed, C league may replace the Women's team with an additional draft team. Such replacement will be on a seasonal basis only.

PLAYER ELIGIBILITY

10. General. Any individual designated in paragraph 5 of this constitution, who wishes to play hockey at 4 Wing, should be given that opportunity within one of the various league structures. Players may be registered with one team only. Team rosters may change throughout the season but are subject to the provisions identified elsewhere in this constitution. Any military member, who has been denied participation by his/her designated team, shall contact the Hockey Commission and provide details of the denial. Military members will have priority for a roster spot over any of the "other" players designated in paragraph 5. Players who start the season with one team, but are posted internally during the season, shall finish the season with their original team unless a mutually agreeable arrangement is made.
11. A/B League. Players, with the exception of goalies, wishing to play in A/B League are the property of the team to which their unit/section is assigned or team that drafts the player. In order for a player to play for a team other than the designated team on a consistent basis, he/she must receive, in writing, a waiver from the team, which holds his/her "rights", and an acceptance from the team with which he/she wishes to play. The Hockey Commission must approve such waiver/acceptances and a copy will be submitted to the FSD with the team's nominal roll. Such waivers will be seasonal only. In order for a player to play for another team on an emergency or "last minute notice basis", a verbal request is to be made between team representatives. The opposing team must approve the request in order for the player to play, however, this request should normally be approved, unless there are extenuating circumstances. Similar to para 12, the A/B League Executive and the Commissioner will review the caliber of play within B league and remove players of exceptional ability from B League. The same grievance process and individual responsibilities to find an alternate team will also apply.
12. C League. **In the event a draft is made, players, with the exception of goalies wishing to play C League must submit their name for a team draft to be conducted annually under the guidance**

of the C League Executive. Once drafted, individuals will be identified on a team nominal roll and will normally remain with that team for the duration of the season. From time-to-time, the C League Executive and the Commissioner will review the caliber of play within the league and remove players of exceptional ability from C League. C League team representatives may submit a letter of grievance to the Hockey Commission for review, should this occur. If removed from the League, it is the individual's responsibility to find an alternate team of suitable calibre.

13. Goaltenders. During the exhibition and regular seasons, goaltenders are eligible to play for any team, however, may only be registered with one team. Should a team require to borrow a goalie for a game, the goalie shall come from a team of equal or less caliber - i.e. A League from A, B or C; B League from B or C, and C League from C. During playoffs, teams may only use goaltenders that are part of the team as indicated on the nominal roll unless the team's goaltender(s) are absent due to valid military reasons. Teams may not replace goaltender(s) serving suspensions unless the opposing team agrees prior to the commencement of play. In any case, team reps who substitute a goalie shall inform the opposing team rep.

14. Playoffs.

Player eligibility - In order to be eligible to participate in the playoffs, individuals must have played a minimum of one-third of their designated team's games played. Team reps will provide an eligibility list for playoff purposes, to their League Presidents, prior to playoff commencement. Players, who were unable to participate for the minimum required games due to valid military reasons, may seek a ruling on eligibility from their President, prior to the playoffs.

Playoff format:

- a. One time out shall be allotted to each team per game;
- b. In the case of a tie game at the end of regulation play, the following actions shall be taken to determine a winner:
 - i. There shall be a 5 minute straight time 4 on 4 sudden death period; and then if necessary
 - ii. Sudden death shoot out (different players to take turns shooting).

15. 4 Wing Packers. Personnel who are trying for a position on the 4 Wing Packers hockey team are eligible to play Intersection (I/S) Hockey. This authority is amplified as follows:

Packers Membership

- a. The Packers team Roster should be produced by 15 Nov each year. However, in order to allow unit teams to finalize their I/S hockey rosters prior to the commencement of the current season, while distributing Packers players in an equitable manner, the last official Packers roster will be deemed to be in force until a new roster is promulgated. Players identified as Packers, at the discretion of their coach, are entitled to play I/S A League hockey.
- b. Players who have not previously played for the Packers, but who intend to try out in the upcoming season must inform their team reps of their intention to do so in order for team reps to make every effort to prevent an over abundance of Packers players on a specific team once the new official roster is promulgated. Any subsequent imbalances will be reviewed by the Hockey Commission as required and adjustments made to ensure fairness of player distribution.
- c. A player identified on the current in force Packers roster, who does not intend to play for the Packers in the upcoming season, must formally declare so, by means of e-mail or

memorandum addressed to the Hockey Commission acknowledging that this decision cannot be reversed during the current season.

Packers Distribution

- d. Each I/S team will be limited to two rostered Packers per team. Once all teams within that league have reached this limit, the maximum permissible number of Packers will be incrementally increased by one player as per the initial entitlement. This process will continue until all Packers who wish to play I/S hockey have been evenly distributed within the League.

Discipline

- e. Any suspension given to a Packers player in any other league play at any level will render that player ineligible to play in I/S hockey until the suspension has been served in its entirety in the league which issued it. By the same token, any suspension served on a Packers player during play in the I/S A League will render that player ineligible to play in any other league until the A League suspension has been served in its entirety.

Eligibility to play in I/S B & C Leagues

- f. At no time are Packers players permitted to play in B or C League hockey and like any other player, must play the minimum of one third of their team's played games to be eligible for playoffs. Their eligibility for playoffs may still be requested due to valid military reasons.
16. **4 Wing Fading Fighters.** Personnel, who are members of the Fading Fighters Hockey Club or 4 Wing Old-timers representative team, may play in either division of A/B League. They will not be permitted to play in C League.
17. **Personnel on TD.** Personnel at 4 Wing on TD for 30 days or less may not normally play in the Intersection league. Personnel on TD for periods in excess of 30 days may make application, to the Commission, to play Intersection hockey with the exception of the playoffs.
18. **Use of Ineligible Players.** Teams using ineligible player(s) or suspended players, as determined by this constitution and upheld by the Hockey Commission shall forfeit any games following an officially registered protest based upon that ineligibility. Note the following:
- a. A/B registered players (forwards, defenseman or goalies) cannot play in C League;
 - b. C League players (forwards, defenseman or goalies) can participate in the A/B League on a "try-out" basis to a maximum of 5 games. On the 6th game, the player cannot return to the C League and now becomes the property of the team he/she tried out for; and
 - c. The discovery of the use of underage players shall result in a disciplinary hearing by the Commission.

PARTICIPATION

19. Since maximum participation is one of the goals of intersection hockey, the actual number of players dressed per team will be recorded on the Official Game Report for each game. Teams with low participation may be assigned additional players by the Hockey Commission or may risk the right to form a team in subsequent seasons. Additionally:

- a. Players may be used from other teams in the event that one, or both, teams have a short bench, in order to provide a better game. Opposing team(s) must agree to the number of

players permitted, in order to have a team of at least 10 players (including goalie). Players cannot be used from a higher league for this purpose;

- b. if a team does not have 6 rostered players at the start of the game, they will forfeit the game;
- c. if a team forfeits 3 games in the season they will be removed from the league; and
- d. players from the forfeited team may be moved to other teams in the league if space is available.

CONSTITUTIONAL RULES/REGULATIONS

20. Intersection hockey shall be organized as **non-body check leagues** played in accordance with Hockey Canada Official Playing Rules, the provisions of this constitution, and the by-laws of the appropriate intersection league. The following shall apply to the 4 Wing Intersection Hockey League:

a. **Minor Penalties**

(1) if three penalties are awarded to an individual player within the course of one game, including overtime, then that player shall be removed from the ice surface for the remainder of that game:

(2) A double minor penalty shall count as two minor penalties. A misconduct penalty shall not count as a minor penalty.

b. **Major Penalties**

- (1) any major penalty incurred by a player during the hockey season (exhibition, league and playoff games) will include, as a minimum, an automatic game misconduct plus an additional two-game suspension;
- (2) a second major penalty incurred by a player during the hockey season will result in a commission hearing. The individual will not be permitted to play in any additional games until the Hockey Commission has ruled upon the case;
- (3) any major penalty incurred in the last five minutes of any game will result in a four-game suspension; and
- (4) **Fighting** - the first major penalty for fighting, incurred by a player during the hockey season (exhibition, league and playoff games) will result in a game misconduct, an additional two-game suspension and a possible disciplinary hearing depending on the severity of the altercation. The second major for

fighting will be an automatic hearing by the Hockey Commission. The individual will not be permitted to play in any additional games until the Hockey Commission has ruled upon the case. Players and team officials are advised that any suspensions handed out for fighting will be severe.

c. **Misconduct Penalties**

Game and Gross Misconduct penalties will be reported to the appropriate league Executive in the format requested by them. The three types of misconduct penalties will be treated as follows:

- (1) **Misconduct** - player will spend 10 minutes in penalty box. If there are less than 10 minutes remaining in the game at time of the infraction, then the player will be sent to the dressing room. A misconduct penalty awarded in the last 10 minutes of a game shall result in the application of an additional game suspension.
- (2) **Game Misconduct** - player will be removed from ice for remainder of the game. An automatic suspension shall apply as follows: (plus an additional 1 game if in last 10 Min of game)
 - (a) First game misconduct - one game;
 - (b) Second game misconduct- three games; and
 - (c) Third game misconduct- Hockey Commission Hearing; and
- (3) **Gross Misconduct** - player will be removed from the ice for the remainder of the game. An automatic suspension shall apply as follows:
 - (a) First gross misconduct - three games;
 - (b) Second gross misconduct - Hockey Commission Hearing; and
 - (c) A Gross Misconduct in the last 10 minutes of the game will result in an additional four game suspension.

d. **Match Penalties**. Any player or team official incurring a match penalty shall be ordered to the dressing room immediately for the balance of the game. The individual will not be permitted to play in any additional games until a Commission hearing has been held ruled upon the case;

e. **Serving Suspensions**. Suspensions, which are pre-assigned by this Constitution, will not involve a Commission Hearing unless there is reason to believe that the pre-assigned suspension is not adequate given the circumstances. All suspensions will be served in their entirety. Suspensions, which cannot be fully served in one season, will be carried over to the next season. For the purposes of record keeping, a suspended player's name must show on the Official Game Report followed by "(suspended)" in order for the league to maintain a register of suspended games served. Team Reps are reminded that they will be held accountable with respect to the enforcement of suspensions. The Team Reps will themselves be suspended for one game when a suspended member of their team plays while under suspension. Players who play while under

suspension will be suspended immediately and indefinitely until a Commission Hearing is held to determine appropriate action for that player.

f. **C League (no slapshots).** As C League has been formed as a recreational/entry-level calibre, where safety is considered paramount, slapshots are not permitted. The definition, for the purposes of this article, is that the wind up cannot be higher than the knee of the player taking the shot. This interpretation will be left to the individual discretion of the on ice official. The result of a breach of this rule will be an immediate stoppage of play, and a face off at the nearest dot, not in the attacking zone. Repetitive infractions of this rule by the same player, or team, at the discretion of the on ice official, may result in a minor penalty for delay of game, or unsportsmanlike conduct.

HEARINGS

21. The Hockey Commission will hold hearings as necessary to settle disputes or pass judgments on disciplinary matters as required by this constitution. The members of the Hockey Commission are identified in paragraph 3 of this constitution. Of those personnel, the minimum requirement for a Commission Hearing to render a decision will be:

- a. Commissioner and/or Deputy Commissioner or appointed representative;
- b. President(s), Vice President, or appointed representatives, of A/B & C leagues;
- c. *Fitness and Sports Director or appointed representative; and
- d. *Referee-in-Chief or appointed representative.

* Denotes advisory capacity, non-voting member.

22. The Commission shall hear and rule on disputes presented by the:

- a. President of an intersection league;
- b. registered Intersection Team Representative;
- c. game officials, or
- d. as directed by the W Adm O

23. Decisions on disputes shall be confined to:

- a. eligibility of players or teams;
- b. interpretation of rules and by-laws; and
- c. suspensions.

24. There shall be no dispute “after the fact” of an official's on ice judgment call. It should also be noted that the decision of the Commission Hearing is final.

CONSTITUTIONAL AMENDMENTS

25. Amendments to this constitution may be proposed, in writing, at any time. They will be reviewed by the Hockey Commission and tabled at meetings as deemed necessary. Proposals accepted by the Commission will be staffed to the W Adm O for approval prior to the official amendment of this constitution.