4 WING COLD LAKE

RECREATIONAL BALL HOCKEY LEAGUE

CONSTITUTION 2016

I NAME

1. The name of the league shall be the 4 Wing Cold Lake Recreational Ball Hockey league.

II <u>AUTHORITY</u>

- 2. The 4 Wing Cold Lake Intersection Ball Hockey League is established under the authority of CFAO 50-2, and authorized by the Wing Commander as a Recreational (Rec) Activity.
- 3. Any changes to the listed times and schedules are hereby authorized.
- 4. These changes will be added as required. Where time does not permit the inclusion of the changes prior to the activity taking place, the activity will still be authorized and the paperwork will be done as soon as possible.
- 5. Should injury occur to any military person while participating in the 4 Wing Cold Lake Rec Ball Hockey program, the member will be considered to be on duty IAW CFAO 50-2 as an authorized activity by the W Comd.

III PURPOSE

6. The Rec Ball Hockey League will function as a means to promote physical fitness values, increase skills and competition and instill a high degree of esprit de corps.

IV MEMBERSHIP

- 7. The following categories of personnel may participate in the 4 Wing Rec Ball Hockey League:
 - a. Regular Force members, foreign military personnel on duty, and Reserve B and C class; and
 - b. DND and NPF personnel.
- 8. Dependant spouses/past players can make application for entry into the League. Each application will be based on its own merit. Applications should be made to the League President. All dependant spouses must sign a waiver Dependant spouses will be annotated on the team roster as such.

V EXECUTIVE COMMITTEE

- 9. The league shall be administered by an executive committee composed as follows:
 - a. <u>President</u> The President shall be elected or appointed to the committee and shall co-ordinate all activities; liase with the Military Sports Coordinator for use of the facilities and equipment;
 - b. <u>Vice-President</u> The Vice-President will carry out the duties of the President in his/her absence;
 - c. <u>Secretary</u> Responsible for the completion of all correspondence pertaining to the league and taking of meeting minutes.
 - d. <u>Statistician</u> Responsible for maintaining of all league statistics; and preparing the league schedule.
 - e. <u>Committee Members</u> The committee is composed of one member elected or appointed by his/her team to be its representative at meetings called by the League Executive. Each member counts for one vote in decision making.
 - f. <u>Ex-officio</u> The Fitness and Sports Director or his/her representative is established as ex-officio and will assist as assistant Technical Advisor without voting power.

VI FINANCES

- 10. The financial control of the League will be the responsibility of the Fitness and Sports Director.
- 11. All revenue and expenditures will be calculated on a zero balance budget for operation of the next fiscal year.
- 12. Membership fees shall be set by the Executive Committee in order to cover present year expenses such as officials fees.

VII MEETINGS

13. General meetings shall be held annually and may be held more frequently as required.

VIII VOTING

14. A simple majority shall decide all voting issues, haft the Team Reps must be present.

IX <u>SUBMISSION OF MINUTES</u>

All minutes of General / Executive meetings shall be submitted to the Fitness and Sports Director for his/her approval.

X <u>SUSPENSIONS</u>

- 15. The intent of Recreational Ball Hockey at 4 Wing Cold Lake is to provide players with a safe environment in which to enjoy ball hockey. With this in mind, suspensions will be issued for infractions involving fighting (see by-laws), intentional stick work and intent to injure penalties. The League President and two team reps from teams not involved will review the incident with the official and determine the game suspension duration. All suspensions must be issued in writing to the individual concerned and the member's C.O. will be advised. The League President and four team reps from teams not involved can suspend an individual for the rest of the season. Any suspension that will carry through into the next season or beyond, will be transmitted to the Wing Commander through the Fitness and Sports Director. The League President will send written notification of the suspension to the player concerned with copies distributed to the players' C.O., Board Members and the Fitness and Sports Director.
- 16. Individuals who receive suspensions may submit an "appeal" to the Wing Comd through their Commanding Officer within 5 working days of the receipt of written notification of their suspension.

XI AMENDMENTS TO CONSTITUTION

17. Amendments to this constitution may be proposed and recommended for approval by the Executive board. Individual teams may also propose amendments to the constitution. Team proposals are to be discussed and ratified at League meetings, prior to submission for the Fitness and Sports Director's signature.