

MFS WELCOME BRIEF

# PROGRAMS & SERVICES



#### **RELOCATION SUPPORT**

- Posting Cycle Guides
- Life in Location Insights
- Posted to the US Information Brief
- Touchpoints during HHT/Arrival
- Local Welcome/Information Briefs
- Emergency Preparedness Resources
- In/Out Clearance Check-In

#### **EMPLOYMENT NAVIGATION**

- Information Briefs/Campaigns
- Referral to EAD Points of Contact
- MFS Spousal Employment Programs
- Referral to US Resources

#### **HEALTHCARE NAVIGATION**

• Liaise with the Health Services Team to deliver Information & Resources

#### **COMMUNITY ENGAGEMENT**

- Peer Support Programs
- Interactive Connections
- Cultural Events & Campaigns
- Activities & Programming
- Volunteer Opportunities

#### MENTAL HEALTH SUPPORT

- Counselling Services for Family Members
- Family Care Assistance Program
- Referral to Local & National Resources

#### **WORK RELATED ABSENCE**

- Warm Line Contact (Pre-During-Post)
- Road to Mental Readiness (R2MR)
- Information Briefings & Resources
- Family Care Assistance Program

# CHILD, YOUTH, & PARENTING RESOURCES

- Parenting Information & Workshops
- Babysitter's Course & Local Lists
- Children's Home Alone Course

#### **EDUCATIONAL SUPPORT**

- Second Language Training
- Post Secondary Information Brief
- Referral to MFS Education Team & CEM
- Professional Development Opportunities
- Back to School Information Campaign
- Referral to Installation School Liaisons

#### FINANCIAL RESOURCES

- Tax Information Sessions
- Referral to SISIP Financial Services

#### MFS WELCOME BRIEF

# **OUR PARTNERS**



#### **MFS US TEAM**

Sr. Manager, Prog. Manager, Family Counsellor, Regional Coordinators, Prog. Specialist, and Providers

#### **PSP OUTCAN**

FORCE Testing, Training Programs, Monthly Wellness Challenges, Virtual Fitness Sessions

#### **EMPLOYMENT AIDS**

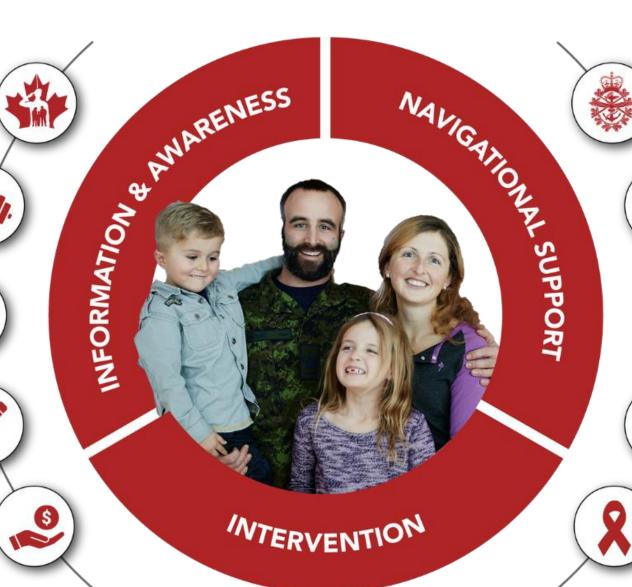
MFS Employment Network, CareerCOACH+, Portfolio Program, Virtual Career Fairs, MySECO

#### **EDUCATIONAL AIDS**

MFS Education Team, Children's Education Management (CEM), Second Language Training

#### SISIP FINANCIAL

Insurance and Financial Services; Planning, Counseling, and Management



#### CHAIN OF COMMAND

CANELEMNORAD, CDLS(W), Local Support Units, and Detachments across the US

#### **BASE & COMMUNITY RESOURCES**

Military One Source, Readiness Centers, Military & Family Life Consultants, School Liaisons, Employment Assistance

#### **US OUTCAN HEALTH SERVICES TEAM**

A team dedicated to assisting members and families navigate healthcare and insurance while posted to the US

#### WELLNESS & MENTAL HEALTH AIDS

Family Information Line, CFMAP, OUTCAN Padres, Strongest Families Institute, Hold Me Tight, LifeSpeak

#### **SPECIALTY SUPPORT PROGRAMS**

Support Our Troops, Soldier On, True Patriot Love, CF Transition Group, Veterans Affairs

## FAMILY MENTAL HEALTH





## MARION HALL, BSW, RSW

MFS US Family Counsellor

Email: hall.marion@cfmws.com

Telephone: 709-649-4296

### **CONFIDENTIAL & FREE**

Trauma-informed, strength-based counselling for CAF family members posted to the US

After-Hours Support:

Family Information Line

1-800-866-4546 | Available 24/7

# FAMILY JOURNEY CHALLENGES



## > SPOUSAL EMPLOYMENT

Employment Authorization
Documentation (EAD), Employment
Insurance (EI), Certification Transfer
www.cfmws.ca/us-employment

## > HEALTHCARE NAVIGATION

Insurance coverage and claims (TRICARE vs Canada Life), Military Treatment Facility (MTF) access www.cfmws.ca/us-healthcare

## > REGIONAL DIFFERENCES

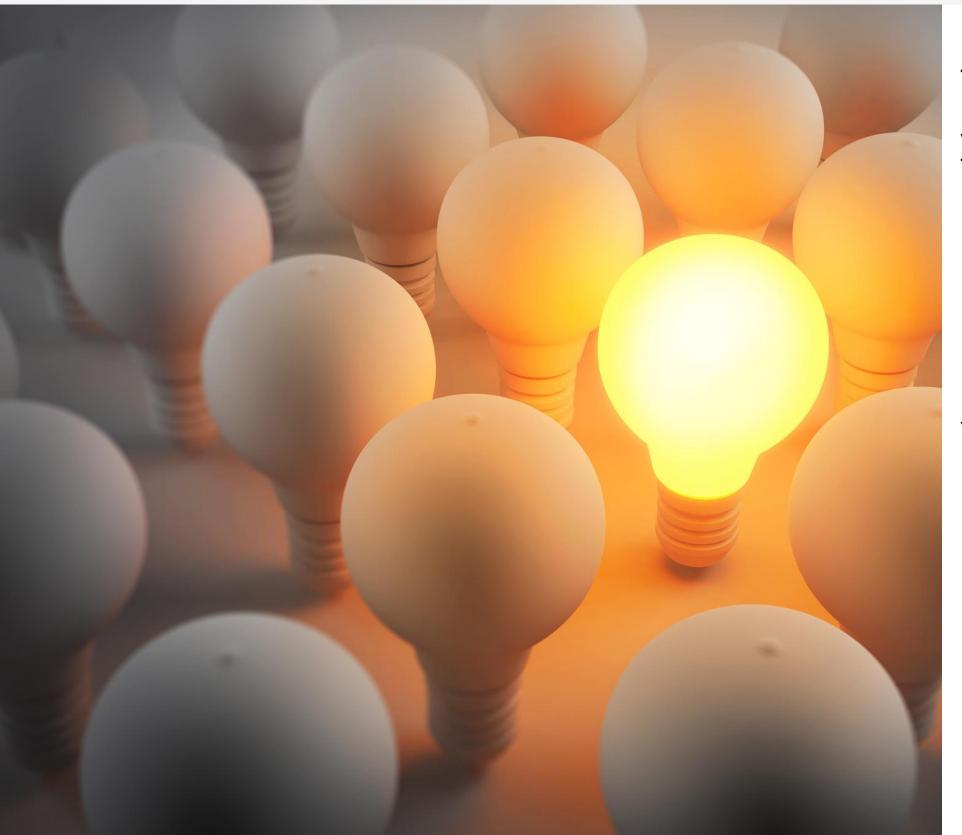
Population size, hazards and natural disasters, language barriers, distance from familiar support systems www.cfmws.ca/us-locations

## NEW FINANCIAL REALITIES

Cost of living and exchange rate fluctuations, navigating allowances, premiums, loan options, and taxes cfmws.ca/insurance-finance/ financial-education

# LOCAL SERVICES





#### Peterson DEERS ID office

The ID Card Section at Peterson AFB is available to assist you with all ID, CAC (Common Access Card) and other DEERS (Defense Enrollment Eligibility Reporting System) related services

## Military & Family Readiness Center

Your "one-stop shop" for on-base life
Offers relocation aid, job counseling, personal finances,
EFMP help, transition programs, and more

## Outdoor Recreation (ODR)

Offers outdoor adventure programs, equipment rentals, discounted tickets, and more

# LOCAL SERVICES





### **Base Amenities**

Peterson Base Commissary

Carries a wide variety of grocery items at low prices

Peterson Base Exchange

Sell tax-free merchandise and goods

Peterson Fitness Center

Offers 2 floors of weights and cardio equipment, an indoor track, 2 basketball courts and squash courts

Peterson Aquatics Center

Currently only open for adult lane swim

# LOCAL SERVICES





- Military Discounts
- Best of the Springs Recommendations
- EPIC Pass
- Library passes
- Relocate to Colorado Springs Magazine







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