

# INVICTUS GAMES

VANCOUVER • WHISTLER 2025

Experiences will be first come, first serve and vary on availability. The registration portal will open in January 2025.



## FISHER HOUSE & AMAZON BONSPIEL (BOOKING REQUIRED)

Family & Friends will be invited to learn and play Wheelchair Curling at the indoor curling rink at Hillcrest alongside the VanCurl team, in a classic Canadian Bonspiel, a curling tournament - fun for the whole family. Supported by Fisher House Foundation and Amazon.

Available on February 12<sup>th</sup> only. Pre booking required (booking link available January 2025). IG25 organized transportation provided.

*Accessible & Sensory Friendly*

**Activity Duration:** 3 hours



## FLYOVER CANADA

Home of North America's leading flying ride. Using advanced technology, we capture thrilling, authentic footage of real location so riders can experience those places as they truly are.

[Located in downtown Vancouver's Canada Place](#), FlyOver

Canada whisks you away on an exhilarating journey over the world's most spectacular scenery.

Special effects — including wind, mist and scents — combine with the ride's motion to create an unforgettable experience. Please have your accreditation with you to be able to enter.

*Accessible & Sensory Friendly*

**Activity Duration:** 1 hour

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## GRANVILLE ISLAND

This bustling public market has restaurants, shopping, galleries and theatres all accessed across False Creek by one of the iconic mini ferries. **\*\*No booking required\*\***

*Accessible & Sensory Friendly*

Public Market Open from 9:00am – 6:00pm daily.



## STANLEY PARK

Vancouver's first park is filled with beautiful landscapes, endless sea wall and cycle trails, and the awe-inspiring First Nation totem poles. The Vancouver Aquarium is also found in Stanley Park, and is home to marine research, ocean literacy education, conservation and marine animal rehabilitation.

Bikes are available for rental in and around Stanley Park to effortlessly enjoy a two-wheeled view of the park and one of Vancouver's favorite pastimes. Be sure to check out the 'Talking Trees'- a unique walking tour of Stanley Park from an important Indigenous perspective. **\*\*No booking required\*\***

*Accessible & Sensory Friendly*

**Activity Duration:** 2 hours



## TATTOO (BOOKING REQUIRED)

Pick a tattoo out of a selection of sizes and designs. Located in Nations Home Room 105!

Booking link, with available dates and times, will release in January 2025, when the booking portal opens!







## UBC MUSEUM OF ANTHROPOLOGY

A place of world arts and cultures with a special emphasis on the First Nations peoples and other cultural communities of British Columbia. Available for all Family & friends, Competitors, and Nations staff everyday from February 7 – 16, 2025. Transportation is on your own via public transit. [Click here to plan how to get there!](#)

*Accessible & Sensory Friendly*

**Activity Duration:** 2-3 hours



## ROBSON ICE SKATING

Free ice skating, rentals, and hotel chocolate is available for all Family & friends, Competitors, and Nations staff at the outdoor ice rink at Vancouver's Robson Square at the corner of Robson Street and Howe. [Click on the Robson Ice Skating Rink google map location](#), to plan how to get there!

Available February 7 – 16, 2025, access via showing your accreditation.

*Accessible & Sensory Friendly*

**Activity Duration:** 1 - 2 hours

For more information on Vancouver's incredible sightseeing opportunities and exciting activities, we invite you to explore Destination Vancouver. This comprehensive resource offers detailed insights into the city's must-see attractions, from the stunning natural beauty of Stanley Park to the vibrant cultural scene in Gastown. Whether you're interested in outdoor adventures, culinary experiences, local events, or accessible activities Destination Vancouver ([Destination Vancouver](#)) provides up-to-date information, helpful tips, and suggestions to help you make the most of your visit. Discover hidden gems, plan your itinerary, and find out about upcoming festivals and activities that showcase the best of this dynamic city.

Don't miss out - visit Destination Vancouver today to start planning your unforgettable Vancouver experience!



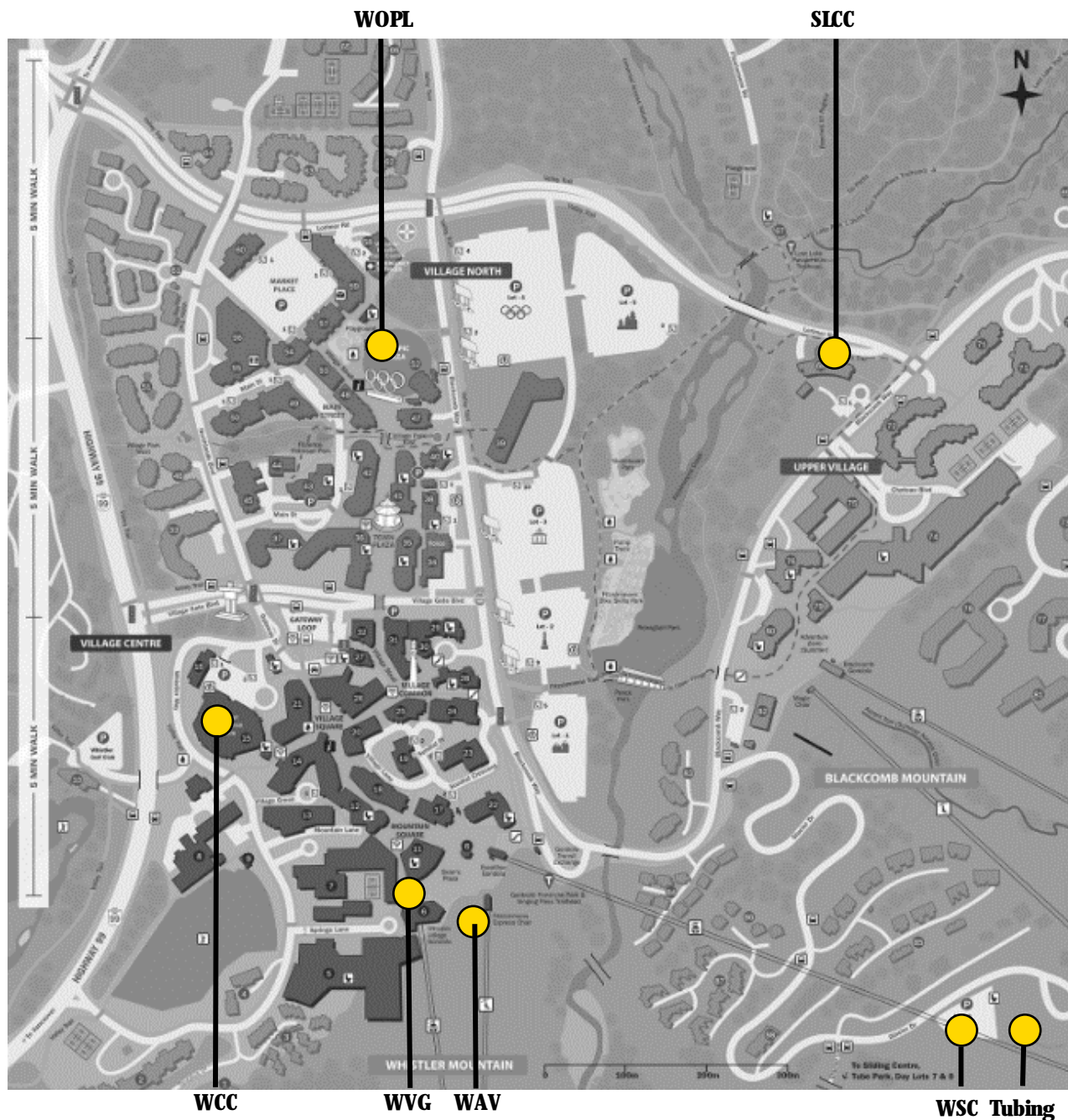
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**ATCO**  **BOEING**



# WHISTLER VILLAGE MAP - FAMILY & FRIENDS EXPERIENCES / SPORT VENUES

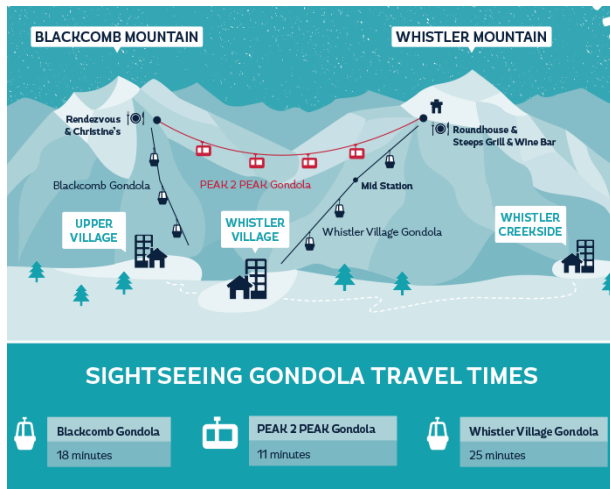


SLCC – Squamish Lil'wat Cultural Centre  
 Tubing – Bubly Tube Park  
 WAV – Whistler Alpine Venue  
 WCC – Whistler Conference Centre  
 WOPL – Whistler Olympic Plaza Ice Skating  
 WSC – Whistler Sliding Centre  
 WVG – Whistler Village Gondola / P2P 360 Sightseeing

Visit Tourism Whistler ([whistler.com](http://whistler.com)) to interact with the map!







## PEAK 2 PEAK 360 SIGHTSEE EXPERIENCE (BOOKING REQUIRED)

Ride three of Whistler Blackcomb's Gondolas including the record-breaking PEAK 2 PEAK Gondola providing an unparalleled perspective of British Columbia's rooftop and incomparable views of towering volcanic peaks, coastal rainforests, and ancient glaciers.

Start by venturing to the top of Whistler Mountain via a ride on the Whistler Gondola, a 5-minute walk from the Whistler Conference Centre. Take in the views from the Roundhouse lodge and visit the Family & Friends dedicated space in Pikas restaurant for a warm beverage and snack. Then travel the PEAK 2 PEAK Gondola over to Blackcomb Mountain. When ready, make your way back to the Village via the Blackcomb Gondola.

Self-transport recommended / Accessible Shuttle available

**Accessible Route:** Whistler Village Gondola up to the top of Whistler Mountain, PEAK 2 PEAK Gondola round trip, Whistler Village Gondola down to the base of Whistler Mountain.

**MUST DO** for those attending the Novice Alpine Ski/ Snowboard competition on February 11 as the ticket to the Novice competition area is the same ticket for this experience.

**Hours:** 09:30 – 15:30

**Activity Duration:** 2 – 2.5 Hours including travel time

## SQUAMISH LIL'WAT CULTURE CENTRE (BOOKING REQUIRED)

The first of its kind in Canada, the Squamish Lil'wat Cultural Centre (SLCC) shares traditions and culture through song, film, story, and exhibitions.

Cultural Ambassadors from the Squamish Nation and Lil'wat Nation will share their stories during the guided tour.





You'll also have the opportunity to paint your very own drum rattle – a unique souvenir to cheer on our Competitors and take home with you and. First Nations inspired snacks, and warm beverages are also included in this experience. This experience is made possible by the generous support of Shell Canada.

This experience is accessible for all.

Self-transport recommended / Accessible Shuttle available

**Hours:**

February 10: 10:30 – 12:30 & 13:00 – 15:00

February 11 & 12: 11:00 – 13:00 & 14:00 – 16:00

**Activity Duration:** 2 Hours + travel time



**BUBLY™ TUBE PARK (BOOKING REQUIRED)**

Take an exhilarating ride down Whistler Blackcomb's tubing hill. Located on Blackcomb Mountain, the Bubly™ Tube Park offers great fun for the young and the young at heart. No skill or equipment required - just a sense of adventure and a desire for excitement. It's the perfect family activity!

Children must be at least 3 years of age and a minimum height of 36in / 91cm tall. Children under 12 must be accompanied by an adult in the Tube Park, however kids under 12 can still ride by themselves as long as they are tall enough.

Self-transport recommended / Accessible Shuttle available

**Accessible Note:** This is not an accessible experience. There are several stairs and long stretches of snow in the venue.

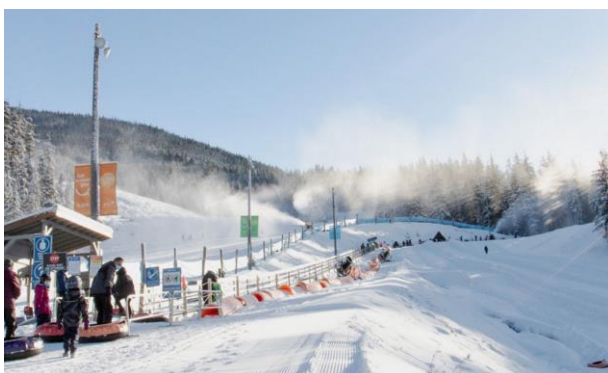
**RECOMMENDED** on February 10 or 11 during the Skeleton competition as the venues are close to each other.

**Hours:**

February 10 & 12: 10:30 – 12:30 & 13:00 – 15:00

February 11: 10:30 – 12:30 & 16:00 – 18:00

**Activity Duration:** 2 Hours + travel time





## WHISTLER VILLAGE STROLL

The accessible, pedestrian only Village features a variety of bustling stores, souvenir shops, cafes, and restaurants. Spend an hour or more exploring the accessible Village Stroll.

The Whistler Invictus Village Fan Zones will also be located along the Stroll at Whistler Olympic Plaza, Maury Young Arts Centre, Village Square, and Mountain Square.

**Hours:** Open 24 hours

**Activity Duration:** 1+ Hours



## ICE SKATING IN WHISTLER VILLAGE

Each winter, an outdoor ice-skating rink opens in Whistler Olympic Plaza, where you can ice skate in the heart of Whistler Village with views of the surrounding mountains, the Olympic Rings and thousands of twinkling, festive lights.

And when you're done skating, enjoy some snow play in the adjacent Snow Zone.

*\*This Activity is available to Family & Friends at the Outdoor Ice Rink as "first come, first served". Pick-up your complimentary Pass at the Information Desk in the Whistler Nations Home.*

**Hours:** 11:00 – 13:30, 14:30 – 17:00, 18:00 – 20:30

**Activity Duration:** 1 Hour

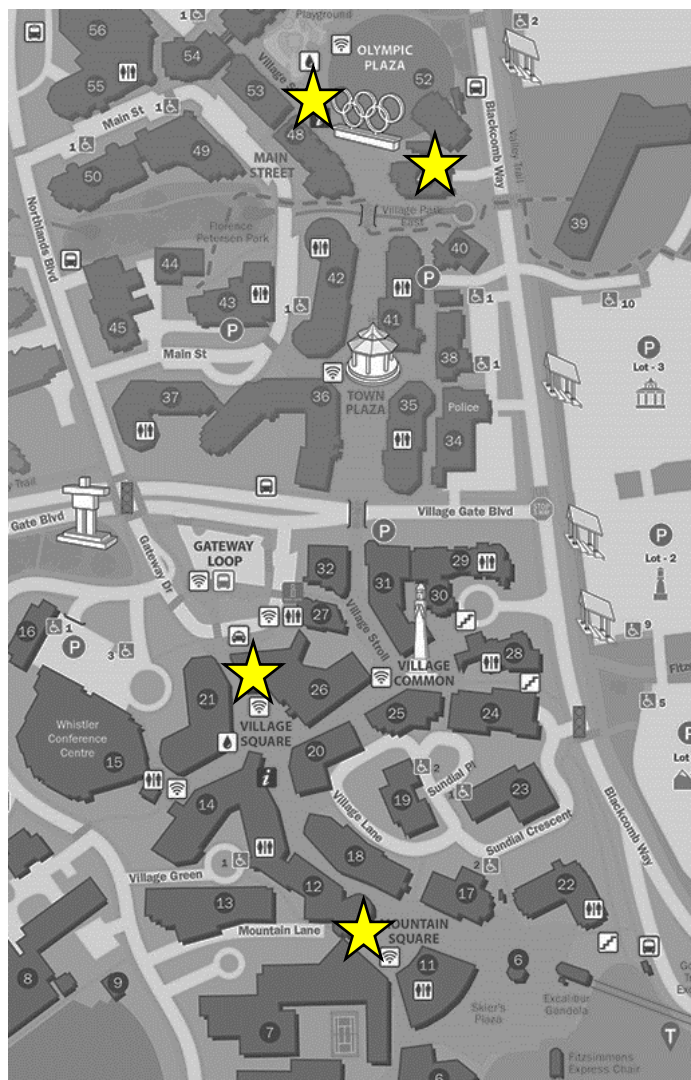




# WHISTLER INVICTUS VILLAGE

The Whistler Invictus Village will be open from February 9 – 13 from 11:00 – 17:00 daily. There will be 4 unique Fan Zones within the Whistler Invictus Village located at **Whistler Olympic Plaza**, **Maury Young Arts Centre**, **Village Square**, and **Mountain Square**. The Fan Zones are free for everyone and will engage and educate visitors – both young and old – in unique, fun, accessible and interactive ways.

Find out more about the Whistler Invictus Village Fan Zones at the Information Desk in the Nations Home or at one of the Invictus Games Information Tents located throughout the Invictus Village.



## Whistler Olympic Plaza Fan Zone

We will add to the existing outdoor ice skating and snow play activities in Whistler Olympic Plaza with a chance to try a couple winter sports in and around the snow play area.

## Maury Young Arts Centre Fan Zone

Tons of fun for the whole family including arts & crafts, face painting, competition viewing in the theatre, cultural activities with the Squamish Lil'wat Cultural Centre Cultural Ambassadors, glitter tattoos, art exhibit, and 'never ending hot chocolate generously provide by Caffe Artigiano.

## Village Square Fan Zone

Village Square will be home to the Whistler Invictus Main Stage featuring live music performances from 14:30 – 17:30 daily as well a competition viewing on a large outdoor screen. The Main Stage will also host the Whistler Welcome Celebration on February 10 where we invite our Competitors and Family & Friends to be a part of the excitement.

## Mountain Square Fan Zone

Come say hello to some of the Invictus Games 2025 partners including: ATCO, Boeing, Ottobock, and Monster.





## OTHER WHISTLER ACTIVITIES

Whistler offers a wide variety of other outdoor and indoor activities for folks of all ages. Here is a selection of options to consider. Please note, there are fees/costs associated with these activities – these are not included within the Family & Friends Experience Program.

Skiing/Snowboarding (5 hrs) *@
Audain Art Museum (2 hrs) *@
Whistler Museum (1 hr)*@
Nordic Skiing (1-2 hrs) @
Snowshoeing (2 hrs) @
Winter Ziplining (2 hrs) *@
Scandinave Spa (2-3 hrs) @
Escape Whistler! (1 hr) *
FREE Whistler Self-Guided Tours (1-2 hrs) *@
FREE Whistler Scavenger Hunt (1-2 hrs) *@

\* Accessible activities | @ Sensory Friendly activities



### Whistler Blackcomb Ski or Snowboard (With or Without Lessons)

Activity Duration: 5 hours

Accessible & Sensory Friendly

Whistler and Blackcomb Mountains provide 8,171 acres of skiable terrain including 16 alpine bowls, 3 glaciers, world-class terrain parks and 200+ marked trails.

### Whistler Blackcomb Ski & Snowboard School

Boost confidence. Improve technique. Challenge your personal boundaries. No matter what level skier or rider you are, a lesson can make a huge difference to your experience. Learn to ski or snowboard with some of the best instructors in the industry. Enjoy lift line priority to maximize your learning time.

Whistler Blackcomb & Vail Resorts have generously provided **discounted Lift Tickets & Rental Equipment** (ski, snowboards, boots) for our Family & Friends! Please click the link below to book your rentals before you arrive!

**Discounted Lift Ticket Vouchers** will be available for pickup upon arrival in Whistler at the Nation's Home in the Whistler Conference Centre (WCC) and can be redeemed for a discounted lift ticket for the slopes at any ticket window or guest service centre. The voucher alone is not valid for lift access, and you must pay for a valid lift ticket to be on the mountain. Whistler Blackcomb is apart of the Epic Pass Ski Pass Program. Please confirm if you have access to Whistler Blackcomb on your pass before arrival if you are planning to use your existing ski /ride season pass.



### Audain Art Museum

Activity Duration: 2 hours

Accessible & Sensory Friendly

The 56,000 square foot Museum, located in Whistler, British Columbia, was designed by the award-winning architectural firm Patkau Architects. Set in a grove of spruce trees, the architecture is intentionally restrained in its visual presence to fit within the natural environment.

The Museum's Permanent Collection showcases the Art of British Columbia from the late 18th century to present. Anchoring the collection is James Hart's The Scream Too, the most significant contemporary carved cedar Dance Screen in the world. Highlights include James Hart's The Scream Too and an important collection of 19th and 20th century First Nations masks and works by some of Canada's most celebrated artists including Emily Carr, E.J. Hughes and the internationally renowned photo-conceptualists Jeff Wall, Stan Douglas and others.

In addition to the Permanent Collection the Museum has visiting exhibitions of art from Canada and around the world.

### Whistler Museum

Activity Duration: 1 hour

Cost: Recommended Donation \$5

Accessible & Sensory Friendly

Visit the Whistler Museum to learn about Whistler's history from wilderness to world-class resort. The Museum tells Whistler's stories from early fun-loving summer lodge operators, to the creation of Whistler Blackcomb, to the 2010 Winter Olympic & Paralympic Games and beyond. Located behind the Whistler Public Library, in the heart of Whistler Village. (Note: The Museum may be in a NEW building/space in Feb 2025!)

### Nordic Skiing

Activity Duration: 2 hours

Sensory Friendly

Follow a cross-country ski trail looping around the frosted rim of Whistler's Lost Lake Park featuring more than 30 kilometres of cross-country skiing trails with incredible views of Whistler and Blackcomb Mountains. Enjoy a circuit on the groomed trails, night skiing or a lesson to improve your skills. Snowshoeing is also available at the park, which is just a short walk from Whistler Village.

### Snowshoeing

Activity Duration: 2 hours

Sensory Friendly

The easiest way to experience Whistler's natural winter wonderland– if you can walk, you can snowshoe! Follow trails deep into the forest to see snow-covered old growth trees and spot birds and other wildlife. A fun activity for all ages and abilities – simply bring warm clothing and a sense of adventure. Rent modern snowshoes and explore by yourself or take a guided tour.



### Whistler Ziptrek EcoTours

Activity Duration: 2 hours

Accessible & Sensory Friendly

Experience a high-flying adventure on a network of ziplines and suspension bridges, whether it's walking through the treetops, or soaring above the Fitzsimmons Creek.

### Scandinave Spa

Activity Duration: 3 hours

Accessible & Sensory Friendly



Encircled by Whistler's old-growth rainforest and rugged Coast Mountain views, the open baths of the Scandinave Spa will allow you to root yourself in complete silence and a digital detox. Enjoy a restorative and relaxing journey through stages of hot, cold and rest in a variety of features surrounded by nature. Defy your expectations of what relaxation looks and feels like. Add a massage for complete rejuvenation.

### Escape Whistler!

Activity Duration: 1 hour

Accessible

A Live Escape Room is a real-life gaming experience where groups of 2 to 6 people are placed inside a themed room. Your group will be presented with puzzles, riddles, and clues which you must work together to solve within 45 minutes in order to "Escape" from the situation you are in. Escape! Whistler is an excellent indoor activity for people of all ages looking for an exciting way to spend an hour. All of our themes are family friendly and non weather dependent.

### Whistler Self-Guided Tours | Tourism Whistler

FREE

Activity Duration: 1-2 hours

Accessible & Sensory Friendly

Get more out of your Whistler adventure with Go Whistler Tours, brought to you by Tourism Whistler and the Resort Municipality of Whistler. The curated tours guide you to unique experiences and locations throughout the resort, from art galleries to nature walks, and help you adventure more deeply in Whistler.

Free Go Whistler 'Winter' Tours include:

- Art & Storytelling of the Skwxwú7mesh (Squamish) and Liłwat7úl (Lil'wat) - this tour weaves its way through the Village to nine locations that are culturally significant to the First Nations
- Weird and Wonderful Trees – a short, two-kilometre wander around Whistler Village to visit some of our oldest residents
- Whistler's Cultural Connector – follow a pathway between six cultural institutions and uncover the stories that enrich Whistler's culture
- Craft Beer – get your suds on with a tour de beer around Whistler
- Sweet Treats – a tour of some of Whistler's best places to pick up a treat. Happy sugar rush!





- Legacies of the 2010 Olympic & Paralympic Winter Games – explore the legacies and discover how the Games were experienced in Whistler
- And many more!

New tours are added regularly, so download the app and check it often to discover more immersive experiences and off-the-beaten-path locations: <https://trade.whistler.com/toolkit/maps/>

Access the Tours

The tours are best experienced by downloading the mobile app, Go Whistler Tours. Click on the app store icons below, or scan the QR code, to download to your Apple or Android device and start exploring! Tours may also be viewed in a web browser at [Go Whistler Tours](#).

### **Winter Scavenger Hunt**

FREE

Activity Duration: 1-2 hours

Accessible & Sensory Friendly

The Visitor Centre has created a fun Winter Scavenger hunt designed to get kids (and their parents) active and interacting with the environment during their visit to Whistler. Drop into the Whistler Visitor Centre for a copy or [download them here](#).

## **WHISTLER ACTIVITY SIGN UP**

All activity booking is done through a shared system. The booking link will direct you to a selection of activities in Vancouver and Whistler. Hover over the image will show any limitations and restriction for each activity. Click on the activity you would like to participate in and fill out the required information. The ticket and confirmation will be delivered to the email provided during sign up. Some activities require a waiver form.

### **WHISTLER.COM**

Whistler.com is Whistler's official source for accommodation and activity information and bookings. Invictus Games 2025 recommends that you reach out to Whistler.com with any "Whistler Specific" questions or for help booking any 3<sup>rd</sup> party activities or excursions. Whistler.com also can assist in the booking of any accommodations in Whistler, should you or any members of your group wish to extend your stay in the Whistler area.

North America: 1.800.944.7853

International: 1.604.932.0606

UK: 0808.180.0606

Australia: 01.800.291.098

